# **Culinary Toolkit**

This toolkit is designed for someone who is just starting to develop their skills in the kitchen or looking to simplify their cooking experience.

#### **Basic Tools**

- Chef's Knife
- Chopping Board
- Cooking Utensils (Spatula, Mixing Spoon)
- Measuring Jugs and Spoons
- Non-stick Pan or Pot
- Recipe Book or Online Cooking Resources
- Timer (Smart devices like Amazon Alexa, or iPhone work too)

## Staple Ingredients

- Chicken Breasts or Minced Beef
- Common Herbs and Spices (like salt, pepper, garlic powder)
- Fresh Vegetables (like tomatoes, onions, bell peppers)
- Olive or Vegetable Oil

#### **Presentation Basics**

- Basic Plates and Bowls
- Fresh Herbs or Parsley for Garnish (optional)
- Simple Table Setting (Forks, Knives, Spoons)

## **Convenience Aids**

- Air fryer
- Rice Cooker and/or Microwave
- Slow cooker
- Soup maker
- Storage Containers for Leftovers
- Tin Opener